

Help for Getting Food



Food Banks - Leeds, Grenville and Lanark

Subject to change by individual agencies

Athens Food Bank/Crisis Fund Association:

58 Elgin St. N., 613-924-9112

- regular hours; Mondays from 10am-12pm
- clients are called monthly for their needs and pick-up arrangements; at this time they are assigned a number
- clients should display this number on their dash when they come to pick-up their pre-packed food
- their order will display the same, matching number
- stock may be limited
- <https://www.facebook.com/pages/category/Community-Service/Athens-FoodBankCrisis-Fund-Association-155111788772395/>

Brockville and Area Food Bank:

58 Buell St., 613-342-0605

- Brockville and Area Food Bank: 58 Buell St., 613-342-0605
- The Brockville and Area Food Bank has an appointment based system. Visitors need to call during regular hours from 10 a.m. to 2:45 p.m.; Tuesday through Friday to book an appointment for a visit or home delivery 613-342-0605
- visitors can also walk in during business hours to make an appointment
- a limited number of walk-in visits (no appointment necessary) will be available Tuesday through Friday from 2 p.m. to 2:45 p.m. and also the second Monday evening of the month from 6 p.m. to 7:30 p.m; our Giving Shed (free food items) is available from 10 a.m. to 2:45 p.m. Tuesday through Friday and also the second Monday of the month from 6 p.m. to 7:30 p.m
- home delivery is limited and reserved for those who have significant barriers leaving their home
- infant products, diapers, menstrual hygiene and adult absorbent briefs are available
- fresh fruit & vegetables, meat, dairy products, eggs, bread and non perishables available
- yogurt and snack packs are available for children
- <https://www.facebook.com/TheBrockvilleAndAreaFoodBank/>

Brockville - Salvation Army:

175 First Ave., 613-342-5211

- regular hours Monday to Friday 9am-4pm by appointment only for food bank and family services
- staggering appointments to ensure decreased risk of contact amongst clients
- <https://www.facebook.com/SalvationArmyBrockvilleCommunity/>

Brockville - Thousand Islands Baptist Church Food Cupboard:

229 Park St at the corner of Front Ave. E. 613- 342-9552

- regular hours every Thursday from 12:30pm to 3:00pm
- clients can access food once every 4 weeks
- Covid-19 safety precautions are in effect; a mask is provided if needed
- <https://thousandislandsbaptist.com/>

Cardinal - South Grenville Food Bank - Food for All:

618 King's Hwy. #2, 613-657-1967

- Wednesday 10am-2pm
- precautions in place include: clients must wash hands on arrival; there is a maximum of 4 people at one time in the waiting room
- clients are still able to choose their items by way of a volunteer with 6 feet distance
- clients can send someone with a note to pick up for them if need be
- delivery can be arranged for vulnerable clients please call 613-925-2444 extension #1 for details
- <http://www.foodforallfoodbank.ca/>
- https://www.facebook.com/pg/South-Grenville-Food-Bank-1042734782478693/posts/?ref=page_internal

Delta Food Bank, St. Paul's Anglican Community Centre:

77 King Street

Delta, ON KOE 1G0

- contact Linda Gifford (613) 213-4828 or Jana Curtis (613) 928-2217

Elgin Food Bank, Bethel Tabernacle Church:

31 Water St., 613-359-6118

- 2nd & 4th Thursday of every month from 9:30am-11:30am
- clients must use hand sanitizer and wear a mask upon entering the building
- only 1 client allowed in the food bank room at a time
- some diapers and a little bit of formula available
- <http://www.bethelgin.com/elgin-food-bank.php>

Gananoque & Area Food Bank:

497 King St. E., 613-382-4434

- Monday, Wednesday & Friday hours 12:30pm-2:45pm
- infant products available
- only 1 client entering at a time; remainder please wait outside or in stairwell if it's raining
- food orders will be bundled – no client shopping at this time
- <https://www.facebook.com/gananoquefoodbank/>

Kemptville - Salvation Army:

200 Sanders St., 613-258-3583

- Tuesday and Thursday 9-3:30pm
- accepting clients by appointment only
- delivery available
- infant products available
- canned foods, fresh food items and meat products
- garbage tags, while supplies last
- <https://www.facebook.com/KemptvilleSalvationArmy/>

Lanark Highlands Food Pantry, Lanark:

115 Clarence St., 613-772-0063

- Tuesday from 1pm-4pm and Thursday from 10am-1pm; Wednesday 5pm-7pm
- bars of soap and toilet paper available with food basket
- clients to come through side door; volunteers handing packages at the side door; one family/individual at a time
- regular boxes and fresh vegetable & fruit

Lanark County Food Bank - The Hunger Stop, Carleton Place:

84 Mill Street, 613-257-8546

- Monday & Wednesday 5pm-7pm, Tuesday, Thursday & Friday 9am-noon
- no walk-ins - book in advance to pick-up order
- deliveries available with 24 hours notice
- https://www.facebook.com/pg/LanarkCountyFoodBank/posts/?ref=page_internal
- <https://lanarkcountyfoodbank.ca/>

Merrickville - Rideau Community Health Services Food Cupboard:

354 Read St.

- open Tuesday 10 a.m. - 2 p.m.
- 3rd Tuesday is fresh food pick up only
- no appointment necessary
- 613-269-3400 ext. 247

Mountain - House of Lazarus:

10619 Main St., South Mountain, 613-989-3830

- Monday and Friday 9am-noon; Tuesday, Wednesday and Thursday 9am-noon and 1pm-4pm and Thursdays 4pm-8pm
- clients need an appointment. Call 613-989-3830 or email kmerkley@houseoflazarus.com
- <https://hol.community/>
- <https://www.facebook.com/HouseofLazarus1/>

North Grenville:

Kemptville Knights of Columbus Council 5333

Holy Cross Church Hall - 503 Clothier St. W. Kemptville

- North Grenville residents please call David at 613-258-3683 to register and arrange hamper details, date and time for pick-up at Holy Cross Church Hall
- delivery available for clients in need
- canned foods and packaged products only; no fresh produce

Perth - The Table Good Food Bank:

190 Gore St. E., 613-267-6428 ext. 3

- open for food bank access: pickups of standard and top up orders: Monday 2pm-5pm, Wednesday 3:30pm-6pm, Friday 2pm-5pm
- Good Food Bank food delivery orders of standard and top ups are available: Monday noon- 3pm, Tuesday 10am-2pm, Wednesday 2pm-4pm or Friday noon-3pm. Please call 613-267-6428 ext. 2 and leave your name and number; someone will call back to arrange a delivery date; reminder calls are also made to clients the morning of the delivery
- <https://www.thetablecfc.org/sitenav/good-food-bank>
- <https://www.facebook.com/thetablecfc/>
- Email: wendy@thetablecgc.org

Perth - Salvation Army:

95 Wilson St. W., 613-466-0632. Call on Tuesdays and Thursdays.

- pick up days will depend on volume; no walk-ins – by appointment only
- clients can email debbie.lafleur@salvationarmy.ca, emails will be checked between 9am-5pm Monday to Friday
- <https://www.facebook.com/SalvationArmyMississippiRideauLakes/>
- <https://samississippirideaulakes.com/community-and-family>

Perth – YAK Youth Centre

Food Distribution Kiosk

1881 Rogers Rd.

- open Monday to Friday 9:00 a.m. - 7:00 p.m.
- (613) 264 8381
- yakstaff@gmail.com

Portland Food Bank, Portland Community Hall:

24 Water St., Portland (Portland Community Hall) Contact: 613-359-0151

- first and third Tuesday of each month 10 am to noon
- new clients must register by calling 613-359-0151
- clients also have access to the Community Co-op Clothing (same building)
- delivery available for clients with mobility issues or for those who need assistance. For further details please call 613-207-5612 and leave a message and we will return your call within 24 hours
- precautions in place include: clients must sanitize their hands on arrival and wear a face mask; there is a maximum of 2 clients at one time; while one looks at clothing, the other chooses the food
- third Tuesday of every month, clients are eligible for the Good Food Box Program; produce to be picked up at Country Roads Community Health Centre, Portland
- <https://eppc-ucc.com/Portland-Food-Bank/>

Prescott - South Grenville Food Bank - Food for All:

136 Henry St., 613-925-2444

- Tuesday, Wednesday & Thursday from 10am-1:30pm, Friday's by appointment only
- diapers and formula at locations where there are clients with babies (e.g. Prescott)
- precautions in place include: clients must wash hands on arrival; there is a maximum of 4 people at one time in the waiting room
- clients are still able to choose their items by way of a volunteer with 6 feet distance
- clients can send someone with a note to pick up for them if need be
- delivery can be arranged for vulnerable clients please call 613-925-2444 extension #1 for details
- <http://www.foodforallfoodbank.ca/>
- <https://www.facebook.com/pages/category/Nonprofit-Organization/South-Grenville-Food-Bank-1042734782478693/>

Seeley's Bay - R.O.L.L. Aid Centre Food Bank, Seeley's Bay Legion:

116 Bay St., 613-770-2935

- Tuesday morning 10am-12pm
- all clients are asked to call ahead for pick up on Tuesday - leave a message at 613-770-2935
- wait in parking lot to receive prepackaged hampers

Smiths Falls - Salvation Army:

251 Brockville St., 613-283-3563

- appointments for food on Monday, Wednesday or Friday
- no walk-ins for food pick-up; please call first and leave your name and phone number
- messages will be checked between 9am-5pm from Monday to Friday
- there is no on-call after hours or weekend access
- clients can email debbie.lafleur@salvationarmy.ca or call 613-283-3563
- <https://samississippirideaulakes.com/community-and-family>
- https://www.facebook.com/pg/SalvationArmyMississippiRideauLakes/posts/?ref=page_internal

Smiths Falls Community Food Bank:

93 Russell St. E., 613-283-6695

- open Tuesday, Wednesday & Friday from 1pm to 3pm and Monday from 5pm-7pm
- two people in at a time
- pre-bundled food packages
- clients must provide original ID for all household members and a piece of mail with a current address
- if a client cannot come themselves they must provide a signed letter giving someone else permission
- <https://www.smithsfallscommunityfoodbank.org/>
- <https://www.facebook.com/smithsfallscommunityfoodbank/>

Spencerville - South Grenville Food Bank - Food for All:

16 Centre, 613-925-2444

- 4th Thursday of the month from 11am-1pm
- precautions in place include: clients must wash hands on arrival; there is a maximum of 2 people at one time in the waiting room
- clients are still able to choose their items by way of a volunteer with 6 feet distance
- clients can send someone with a note to pick up for them if need be
- delivery can be arranged for vulnerable clients please call 613-925-2444 x1 for details
- <http://www.foodforallfoodbank.ca/>
- <https://www.facebook.com/pages/category/Nonprofit-Organization/South-Grenville-Food-Bank-1042734782478693/>

Westport Food Bank, United Church, Westport:

27 Church St., 613-273-3031

- clients are currently shopping at Kudrinko's in Westport but must register with Pat first
- to register email sgrundy@rideau.net or call 613-273-3031

foodcore

Leeds . Grenville . Lanark

www.foodcorelgl.ca

foodcorelgl@gmail.com or 1-800-660-5853 and ask for "foodcore"