

Help for Getting Food



Transportation Programs

- **Lanark, Leeds & Grenville Addictions and Mental Health**

25 Front Ave. W. Suite 3

Brockville ON, K6V 4J2

1-866-499-8445 or 613-342-2262

<https://llgamh.ca/transportation-2.php>

(For use by LLGAMH clients who are in supportive housing and those clients registered with LLGAMH agencies)

- **Seniors' Services**

Carebridge Community Support

67 Industrial Drive, PO Box 610

Almonte, ON K0A 1A0

Phone: 613-256-4700

Email: info@carebridge.ca

<https://carebridge.ca/transportation>

- **Transportation Lanark**

1-877-445-5777 or 613-264-8256

dispatch@lanarktransportation.com

Ask about help with costs

foodcore

Leeds . Grenville . Lanark

www.foodcorelgl.ca

foodcorelgl@gmail.com or 1-800-660-5853 and ask for "foodcore"