

# Community Food Programs



**Almonte/Carleton Place/Lanark Highlands Jan, Feb, Mar 2018**

**PLEASE CALL TO CONFIRM TIMES AND DATES**

**Drop into any program free of charge**

AGENCY	WHERE & WHEN
<b>THE HUNGER STOP</b> Lanark County Food Bank	<b>Food Bank</b> , Monday & Wednesday 5:00pm to 7:00pm, Tuesday 9:00am to 1:00pm, Thursday & Friday 9:00am to noon 5 Allan St. Carleton Place, (613) 257-8546, <a href="mailto:lcfb.thehungerstop@gmail.com">lcfb.thehungerstop@gmail.com</a>
<b>Carleton Place Core Youth Services</b>	<b>Adult Cooking Classes</b> 2nd Wednesday of the month, 7:00 to 9:00pm 360 Edmond St., Carleton Place (behind Carambeck Community Centre) (613) 257-8546 <a href="mailto:lcfb.thehungerstop@gmail.com">lcfb.thehungerstop@gmail.com</a>
<b>Plan B</b>	<b>Community Dinner</b> , 3 <sup>rd</sup> Monday of the month, 4:00pm to 6:00pm at Lanark Civitan Club 2144 Pine Grove Rd, (613) 259-5495
<b>Zion Memorial United Church</b>	<b>Hungry Lunch</b> Every Tuesday at 12:00pm, 37 Franklin St. Carleton Place, (613) 257-2133
<b>Lanark Highlands Food Pantry</b>	<b>Food Bank</b> , Tuesday 1:00pm to 4:00pm, Thursday 10:00am to 1:00pm, 49B George Street, Lanark Village, (613) 259-3285 or <a href="mailto:lhfp3285@bellnet.ca">lhfp3285@bellnet.ca</a>
<b>Mississippi Mills Youth Centre</b>	<b>Drop-In Healthy Snacks</b> Tuesday, Wednesday & Thursday 2:30 to 6:00pm Friday 4:00 to 7:00pm 134 Main Street Almonte, (613) 256-5959
<b>Seventh-day Adventist Church</b>	<b>Meatless Monday Supper</b> Last Monday of each month, at 5:30pm. 117 Victoria St. Carleton Place, Call Barbara (613) 898-0215 (Building is NOT barrier free)
<b>St. Paul's Anglican Church Fellowship Room/Office</b>	<b>Christmas Dinner Dec 25<sup>th</sup>, Carols</b> at 11:30am <b>Dinner</b> at noon, Transportation available call with # of children 613 256-1771
	<b>Satellite Food Cupboard</b> Tuesday 2:00pm to 3:00pm, Please Call (613) 257-8546 no later than 10:30 to place your order 70B Clyde St. Almonte at St. Paul's Anglican Church, Fellowship Room <a href="mailto:lcfb.thehungerstop@gmail.com">lcfb.thehungerstop@gmail.com</a>
<b>People First &amp; Christmas Day Committee</b>	<b>Christmas Dinner December 25<sup>th</sup></b> Open 11:00am to 4:00pm Santa coming 1:30 to 2:30, Country Legend Arlene Quinn 2:30pm Carleton Place Legion 177 George St. for more information contact Kory Earle 613 257-5911

**NOTE: ALL INFO MAY NOT HAVE BEEN AVAILABLE AT PRINT TIME**

For more information, call 1-800-660-5853 or visit [www.healthunit.org/nutrition](http://www.healthunit.org/nutrition)