

Free/Low Cost Meals

Brockville

July, August, September 2019

Community Meals

| Program | Details | Address/Contact |
|---|---|--|
| Loaves & Fishes Dinner | Monday - Friday 4:00pm - 6:00pm (Tickets are \$2.00 or 3 for \$5.00) Children under 10 eat for free | 25 Front Ave. W., Brockville (613) 345-6498 |
| Common Ground Lunch LL&G Mental Health | Monday to Friday 10:00am - 12:15pm | 25 Front Ave. W., Brockville (613) 498-7729 |
| | The Pier Community Outreach Program | |
| Sunday Dinner LL&G Mental Health | 3 rd Sunday of month 3:30pm - 5:30pm | |
| Sunday Dinner St. Lawrence Anglican Church | 1 st Sunday of month 3:30pm - 5:30pm | 80 Pine St., Brockville (613) 345-5717 |
| Sunday Dinner Wall Street United Church | 2 nd & 5 th Sunday of month 3:00pm - 5:00pm | 5 Wall St., Brockville (613) 342-5401 |
| Soup for the Souls 1000 Island Baptist Church | 4 th Sunday of month 3:30pm - 5:00pm | 229 Park St., Brockville (613) 342-9552 |
| Saturday Breakfast Brockville Wesleyan Church | 3 rd Saturday of month 8:30am - 10:30am | 33 Central Ave. W., Brockville (613) 342-4566 |

Food Banks

| Agency | Details | Address/Contact |
|---|---|--|
| Brockville Food Bank Operation Harvest Sharing | Monday home delivery 4:00pm - 6:00pm Wednesday home delivery 10:00am - 2:00pm 2 nd Monday of the month 6:00pm - 7:30pm Every Tuesday to Friday 10:00am - 3:00pm | 58 Buell St., Brockville (613) 342-0605 |
| South Grenville Food Bank Cardinal Cardinal Public Library | Wednesdays 10:00am - 2:00pm | 618 King's Hwy. #2, Cardinal (613) 657-1967 |
| South Grenville Food Bank Spencerville Spencerville United Church | 2 nd and 4 th Thursday of the month 11:00am - 1:00pm | 16 Centre St., Spencerville (613) 925-2444 |
| South Grenville Food Bank Prescott | Tuesday, Wednesday, Thursday Friday (September only) Closed Fridays in July and August 10:00am - 1:30pm | 136 Henry St., Prescott (613) 925-2444 |
| Athens Food Bank Free Methodist Church | Mondays 10:00am - 12:00pm | 58 Elgin St. N, Athens (613) 924-9112 |
| Salvation Army Food Bank Brockville Community Church | Closed July 1st to 5th Closed August 5th to 9th Tuesday & Thursday 9:00am - 3:30pm By Appointment only | 175 First Ave. Brockville (613) 342-5211 |

Information subject to change without notice. For more information, visit www.foodcoregl.ca/inventories.html#Help or call 1-800-660-5853