

Free/Low Cost Meals

Perth

January - April 2024

Community Meals

Program	Details	Address/Contact
St. James Anglican Church	Community Dinners – Second Saturday of each month 4:30pm - 5:30pm. Dine-in meal at 54 Beckwith St. E, Perth. Contact the office for more information.	54 Beckwith St. E., Perth (613) 267-1163
The Table Community Meals	Dine-in Meals: Mondays, Wednesdays and Fridays 4:30pm - 6pm Transportation support is available to attend meals and take-out meals may be available at 5:45pm, depending on food quantities. Call with any questions.	190 Gore St. E., Perth (613) 267-6428 x 105
YAK After School Program	Snacks available weeknights 2:00pm - 7:00pm for grade 6 and up. Dinner available weeknights between 4:00pm - 5:00pm for grade 6 and up.	1881 Rogers Rd., Perth (613) 264-8381