

Free/Low Cost Meals

Rural Leeds Grenville

October - December 2022

Community Meals

Please note that due to COVID-19, information may change without notice.

Program	Details	Address/Contact
Coffee Break	Every Thursday from 8:00am -10:30am	Addison United Church 9007 County Rd #29, Addison (613) 924-9816
Friendship Luncheon St. John's Church Hall	Suspended until further notice	400 Prescott St., Kemptville (613) 258-3259
Lunch Portland United Church	Lunch available on the fourth Tuesday of every month 12:00pm until 1:00pm. Goodwill offerings accepted, proceeds go to the Flex Plan Group to subsidize dental care for those on low or fixed incomes.	10 Colborne St., Portland (613) 272-2002
King's Kitchen South Grenville High School	Dinner served every Wednesday from 4:30pm to 6:00 pm. Program runs through the school year until June 14 th	1000 Edward St., Prescott 613-246-7004
Community Drop In Lunch South Crosby	Please call agency for program availability	Elgin Municipal Complex 47 Main St., Elgin (613) 272-2227
Dinner on the House House of Lazarus	Available for pick-up by appointment between 3:30 pm and 6:30 pm every Wednesday evening. Order must be placed by the Monday before at 4pm. Register by email kmerkley@houseoflazarus.com or by calling 613-989-3830	10619 Main Street, South Mountain, ON 613-989-3830
Lunch & Learn House of Lazarus	Generally held on the 3 rd Monday of the month, events start at 11am and end at 1pm. They include lunch, as well as an education &/or entertaining presentation. While this event is free, registration is required. Register by email: vcane@houseoflazarus.com or by calling 613-989-3830.	
What's Cooking Country Roads CHC	What's Cooking is offered from 10:00am – 1:00pm at Country Roads Community Health Centre in Portland on the 1 st Tuesday of the month. Contact Kate to register at 613-272-2799 ext. 237, kearl@crchc.on.ca	4319 Cove Rd., Portland (613) 272-2799

Information subject to change without notice. For more information, visit
www.foodcoregl.ca/inventories.html#Help or call 1-800-660-5853