



**Press Release**  
**February 21, 2025**

### **FoodCoreLGL Plans Timely Expansion and Update of Local Food Directory**

FoodCore Leeds-Grenville, Lanark is updating and expanding the Lanark Local Flavours directory, originally created by EcoPerth. The directory connects local producers and consumers to promote sustainable agriculture, fresh and local food products, and community-based food systems. This directory will offer an opportunity for local farmers to showcase their products and for consumers to enjoy the abundance of high-quality, locally grown food available right in their own backyard. The previous database is in need of updating, and plans include expanding it to include Leeds-Grenville producers, to cover FoodCoreLGL's full area of activity. With the trade war with the U.S., increased interest in buying Canadian and in buying local, the updated and expanded directory will help people learn about their options for buying local food.

### **Calling All Local Farmers and Producers!**

FoodCoreLGL invites local farmers and producers in Leeds-Grenville and Lanark Counties to join the Local Flavours directory. Whether you're growing fresh fruit and vegetables, raising livestock, offering honey and maple syrup or other local foods, FoodCoreLGL wants you to be a part of this effort to expand access to local food and strengthen our regional food systems.

### **Consumers, Are you ready to Get Fresh in Leeds Grenville Lanark!**

Local Flavours isn't just for farmers – it's an opportunity for consumers to support their LGL community and buy local products! LGL Local Flavours will help connect consumers with the best local food offerings in the region, ensuring the freshest choices available.

Producers and Consumers can join the Local Flavours project by signing up with FoodCoreLGL. Consumers just need to give us their contact information while producers can provide details about their products and sales outlets.

[LGL Local Flavours Form](https://forms.gle/WvhpvesN43q2aLhH8) <https://forms.gle/WvhpvesN43q2aLhH8>

Producers or consumers can also contact the project coordinator Lauren Larmon directly: at [localflavours@thetablecfc.org](mailto:localflavours@thetablecfc.org).

FoodCoreLGL will also be posting updates on social media so a like and follow on Facebook and Instagram will keep people informed. Watch for the directory launch later this year!

Leeds Grenville Lanark Local Flavours is supported with funding from Lanark County's Community Grants Program.

Foodcore LGL, a coalition of food activists and organizations who work to take practical steps to realize the vision of the LGL Food Charter. Our Stewardship Group includes members from farming, food production, community health, and community food programs, working to support sustainable local food systems in the Leeds-Grenville, and Lanark regions.

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**Press Contacts:**

Leela Ramachandran, FoodCoreLGL Steering Committee

613-258-8336 ext. 4

[lrachandran@kemptvillecampus.ca](mailto:lrachandran@kemptvillecampus.ca)

Ramsey Hart, FoodCoreLGL Steering Committee

613-298-4745

[rna.hart@gmail.com](mailto:rna.hart@gmail.com)